

Welcome to AYSO Area 1-R

Welcome to the inaugural edition of the AYSO Area 1R newsletter! We're thrilled to bring you the latest updates, highlights, and stories from our vibrant soccer community encompassing the fantastic regions of Corona 37, Riverside 47, Moreno Valley 187, Jurupa 462, Perris 544, Menifee 820, Murrieta/Temecula 1463, and French Valley 1508.

Area 1R Playoffs

Area 1R Playoffs took place December 9th and 10th in Perris, Murrieta, and French Valley! Finalists and refs from every region took part leading to a successful and exciting competition

Congrats to:

G10- Menifee 820
B10- Riverside 47
G12- Murrieta 1463
B12- Murrieta 1463
G14- Perris 544
B14- Corona 37



Select Coach/RC/RCA/RRA Meeting

Area R will be partnering with Area N for the 2024 Select Season. Updated Select Guidelines have been distributed to Coaches, Coach Admins, Ref Admins, and Regional Commissioners, but can also be found on the Area 1R website-<https://ayso.bluesombrero.com/area1r>. The link also provides information on "Match Cards", "Coach Badges", "Timesheets", and "Match reporting"- all required items for each game!

Also please be aware of the updated referee requirements! It is recommended that coaches and referees keep the guidelines with them throughout the season.

AYSO AREA 1-R

COACH NEWS



AYSO's Spring season is just around the corner, and as coaches, your love for the game and your coaching prowess are the secret ingredients to our AYSO program's success. So, get pumped up, be creative, hone your skills, emphasize teamwork, and ignite your passion for the game to inspire the next generation of soccer players and fans.

Looking ahead to the season, remember that success is not solely measured by victories but by the lessons learned, friendships forged, and the spirit of your team. Be the guiding force that nurtures both talent and character. Ignite a passion for the game within each player that goes beyond wins and losses.

Creativity is the key! Be open to exploring new training methods, tactics, and approaches. Collaborate with fellow coaches, compare notes, and tap into the knowledge of your AYSO Coach Administrators and Division Coordinators. Give yourselves the freedom to experiment and expand both your and your players' soccer knowledge.

-Jaime Bencia (Regional Commissioner- Murrieta/Temecula)

UPCOMING CLASSES:

10U COACH CLASS

2/10 @ 8:30 AM IN MURRIETA

2/17 @ 8:30 AM IN MURRIETA

12U COACH CLASS

2/10 @ 8:30 AM IN MURRIETA

2/17 @ 8:30 AM IN MURRIETA

2/28 & 3/1 @ 7PM IN RANCHO CUCAMONGA



Most regions are in need of coaches for spring. If a parent still wants to register for spring but the program is full, they may have a chance at being added right away if they will volunteer to coach.

2024 COACH TRAINING MATRIX

Dana Jensen (Area R Registrar)

Level	AYSO Coach Training/License Required	AYSO Safe Haven	Concussion Awareness	SCA	Safesport	Livescan (Fingerprinting)	Background Check
6U	6U (Online or In-Person)	Yes	Yes	Yes	Yes	Yes	Yes
8U	8U (Online or In-Person)	Yes	Yes	Yes	Yes	Yes	Yes
10U	10U (Online Module plus In-Person Field Course)	Yes	Yes	Yes	Yes	Yes	Yes
12U	12U (Online Module plus In-Person Course)	Yes	Yes	Yes	Yes	Yes	Yes
14U	Intermediate Coach Course (must have 12U license, one year in grade, Intermediate Online Module plus In-Person Course)	Yes	Yes	Yes	Yes	Yes	Yes
16U/19U	Advanced Coach Course (must have Intermediate License, one year in grade, Advanced Online Module plus In-person Course)	Yes	Yes	Yes	Yes	Yes	Yes



“BE THE GOLDFISH. THEY ONLY HAVE ABOUT 10-SECONDS OF MEMORY”

This message from Coach Lasso is for you to move on from mistakes rather than lingering on them. "Be a goldfish" is about more than just sports, however. Lingering over mistakes is all too easy in life, but this saying from Coach Lasso serves as a reminder that people are defined by how they react to mistakes, not their mistakes themselves. It's important to accept mistakes in any part of life and be able to move on quickly.

This doesn't mean that I don't think about the mistake later and find a way to avoid it in the future, as it was a "learning moment." A self-critique after each match is an excellent way to improve your refereeing. -Scott Jarus (Area 1D Ref Admin)

Congrats!

TO EVERYONE WHO UPGRADED IN FALL 2023!

UPCOMING CLASSES:

REGIONAL REFEREE CLASS COMPANION

2/10 @ 1PM IN MURRIETA

2/17 @ 1PM IN MURRIETA

REGIONAL REFEREE CLASS FULL DAY

2/24 @ 9AM IN
WINCHESTER

3/2 @ 9AM IN
WINCHESTER

INTERMEDIATE REFEREE CLASS

2/17 @ 9AM IN CYPRESS

INTERMEDIATE REFEREE

- Andrew Sampson-R37
- Anthony Contreras-R544
- Brook Mahoney-R37
- Bunker Rayner-R462
- Cameron Bijan-R1463
- Chad Boersma-R820
- Hector Quiroz-R37
- Henry Marure-R544
- Jorge Zarate-R37
- Jose Cabrera-R544
- Jose Pulido-R820
- Kyle Risse-R820
- Matthew Kolodge-R37

- Nick Koets-R187
- Olabode Olatunji-R37
- Raul Murillo-R820
- Richard Blum-R462
- Tanner Myers-R187

ADVANCED REFEREE

- Jason Jimenez-R1463
- Luis Gonzalez-R544
- Roberto Orozco-R47

REFEREE INSTRUCTOR

- Ashley Ricci-R37

INTERMEDIATE REFEREE INSTRUCTOR

- Ricardo Esparza-R544

ROAMING REFEREE SQUAD

We're assembling a Volunteer Referee Squad to help out regions in Area R when they find themselves short on qualified referees for Extra/Select games. If you're a certified referee and ready to step up when needed, we want/need you on our list! Follow the link and let us know your availability, how far you're willing to travel, and what divisions you're comfortable refereeing. We will reach out when a region calls for assistance! Link-<https://forms.gle/5fEjoTepzBoc7NJ79>

AYSO AREA 1-R

ADMIN NEWS



AREA DIRECTOR-JEFF JENSEN

Area 1R is one of the greatest areas within AYSO. With over 7,000 players in 8 different regions, we strive to provide the best possible service to our players and volunteers. As Area Staff, we are here



to support our regions with their coach, referee, and management needs. We administer courses in all disciplines within AYSO and have some of the most experienced instructors within the organization. This newsletter is an example of the dedication of your area staff's desire to highlight the hard work of our area's volunteers and provide information consistent with the six philosophies of AYSO. We are also striving to always improve our program and eagerly request your feedback and recommendations. Please contact us at ad@aysolr.org.

REGISTRAR-DANA JENSEN

For region registrars or administrators who need help with learning how to navigate sports connect or the prior affinity platform, make sure to check out the AYSO wiki and join the BAND app. Both are great resources. If any registrars or administrators need assistance or have questions I'm available any time. registrar@aysolr.org



CVPA-TIFFANY CUENCA



AYSO requires that all volunteers register as a volunteer and complete a volunteer application every year. AYSO, state, and federal authorities require that all volunteers in youth sports programs complete a criminal Background Check and Livescan Fingerprinting, as well as additional youth safety related training. It is our responsibility as CVPA's to ensure the region is following the procedures of AYSO's Safe Haven program. Coaches who don't have these completed will affect their teams and will not be allowed to participate in Regional, Area, Section, or All-Stars tournaments. If there are any questions or need assistance, please do not hesitate to email me at cvpa@aysolr.org.

REFeree ADMIN- ALLEN MERRILL

February and March are highlighted by tournaments, playoffs, and the start of the Spring season.

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|-----------------|---|
| February 10-11 | EXTRA playoffs (pool play) Five locations including Chino, Beaumont, and Pasadena |
| February 16-19 | Riverside Locomotion Tournament (Hosted by Region 47 & 462) |
| February 24-25 | Section 1 League 10U-14U playoffs (Chino - Ayala Park) |
| Feb. 26 - Mar 2 | First games for Spring Select 10U-14U teams |
| March 2-3 | Section 1 All-Star playoffs (Redlands) |
| March 4-9 | First games for Spring Select 16U and 19U teams |

Polish your shoes and get your whistle ready, things are going to be busy!



AYSO AREA 1-R

COACH SPOTLIGHT



Roberto Orozco

When did you start Coaching?

Started coaching in the Fall of 2018. My two boys were 10 and 6 at the time and it was their first season of soccer. I had never played organized soccer growing up and had never formally learned how to play soccer, however, I did have loads of experience coaching and mentoring young people, which came in handy. We had a lot of fun and even brought home some hardware at the end of the season.



What other things do you do with AYSO?

I am also a referee. I am doing a lot of the older division games now, but have found that my favorite division to ref (and coach) is 12U Core. I feel this is where a lot of the kids begin realizing their bodies' potential and you see so many dynamic and creative plays as well as comic relief on the field. THESE ARE FUN GAMES TO WATCH!

What keeps you with AYSO?

The leading principle of developing players and not simply creating winning teams. AYSO is focused on getting families involved to create a family friendly environment. I really enjoy knowing that everyone present is a volunteer. When everyone chooses to be there, instead of simply collecting a paycheck, we are able to create something special.

What do you enjoy the most about Coaching?

I enjoy watching players grow and develop as the season progresses. You see players of all ages learn new skills, learn to use their non-dominant legs and limbs, and even begin to enjoy being challenged. I love watching them develop into leaders on and off the field.

What are your hobbies? What do you do in your free time?

My primary hobby is anything freediving. Freediving is where you enjoy the underwater world while holding your breath. I recently began my own freediving school, No Pasa Nada Freediving, where I teach, train, and certify people to freedive safely. This includes leading dive trips to places like Los Cabos, teaching people how to spearfish and even mermaiding!





Mark Tyo-462

AYSO Resume

Former Regional Referee Admin for Jurupa, National Candidate, Referee Assessor, Referee Instructor, Advanced Coach, Volunteer Extraordinaire

What do you enjoy the most about Refereeing?

I enjoy watching the kids improve and excel in soccer skills over the years.

What are your hobbies? What do you do in your free time?

In my spare time I enjoy spending time with friends. I also love to bbq and cook. I like to think I missed my calling on the cooking thing.



What keeps you with AYSO?

I really like helping out AYSO because they always need the help and I've met a lot of great people along the way.



When did you start Refereeing?

I started refereeing in 2012 or 2013 to get points for my son's U12 team



AYSO AREA 1-R

NEWSLETTER



Additional Info

We work closely with our region coaches and referees to ensure all volunteers have completed their volunteer registration for this Membership Year, 2023-2024. They will also need to complete six required certifications. Volunteers will not be allowed to perform volunteer duties until these requirements are completed and verified.

The 6 required certifications are:

- Background Check
 - Concussion Awareness
 - Fingerprinting California Only (Live Scan)
 - Sudden Cardiac Arrest
 - AYSOs Safe Haven
 - SafeSport
- Tiffany Cuenca (Area CVPA Management)



FIND US ON SOCIAL MEDIA!

-  [HTTPS://AYS0.BLUESOMBRERO.COM/AREA1R](https://aysobluessombrero.com/area1r)
-  [HTTPS://WWW.INSTAGRAM.COM/AYS0_AREA1R](https://www.instagram.com/ayso_area1r)
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-  [HTTPS://WWW.TIKTOK.COM/@AREA1R.AYSO.REFS](https://www.tiktok.com/@area1r.aysoref)

We love your pics and videos! Be sure to send them to Refrecognition@aysolr.org



AREA 1 R STAFF

Area Director- Jeff Jensen ad@aysolr.org
Area CVPA Management- Tiffany Cuenca CVPA@aysolr.org
Area Registrar - Dana Jensen registrar@aysolr.org
Area Scheduler/Statistician- Dana Jensen registrar@aysolr.org
Area Coach Admin- Gabe Gutierrez coachadmin@aysolr.org
Area Coach Instructor- Josh Schwarz coachtrainer@aysolr.org
Area Referee Admin- Allen Merrill refereeadmin@aysolr.org
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